



Abseil Elim!

Important Things to Know

This is a joint fundraising challenge organised by Genesis Trust Bath and Elim Church. It will be facilitated by [Dave Talbot Adventure Events](#).

Registration

Registration is via the TryBooking website: <https://www.trybooking.co.uk/FJL>
Abseilers must arrive at Bath Elim Church **1 hour and 15 mins** before their allocated time slot. Please book your time slot accordingly. Once registered, participants will be sent confirmation of their booking via email from TryBooking.

Cost

The abseil costs a non-refundable registration fee of £30 per person. We ask for participants to raise a minimum of £70 which will be split between Genesis Trust Bath and Bath Elim Church.

What to expect on the day

Once registered, Genesis Trust Bath will send all abseilers a Participant Abseil Information Pack with full details of the day. After arrival, there will be an opportunity to do a practice abseil, supervised by a qualified abseiling instructor, prior to the event. You do not need to have previous experience and we will be there to meet you and support you on the day. Please note that it is important not to be late as we need to start the training promptly!

Age and weight restrictions

[Dave Talbot Adventure Events](#) specifies the following age and weight restrictions:

'All participants must be aged 18 or over, unless they are accompanied by a parent or legal guardian (a minimum age of 12 then applies). A teacher or youth leader acting in loco parentis is not adequate. The parent or legal guardian must complete a Parental Consent Form prior to the event (available at the

registration on the day) and will need to remain in sight and earshot of the minor. This will normally mean that they need to be with the minor whilst they prepare and accompany their child as is reasonably practicable during their participation.

We do not recommend an upper age limit for participation although we would recommend that older individuals consult their doctor if they have concerns about their health or ability.

We can accommodate people up to 20 stone in weight, but no more due to restrictions on equipment and loads exerted, although they may need to be fitted with extra equipment for their comfort. If you have anyone who is heavier than 20 stone you can contact us as soon as possible to discuss the possibility of their participation.'

Dave Talbot Ltd reserves the right to decline an individual's participation should their build be deemed unsuitable for the activity.

Fitness

You don't have to be very fit to abseil, but you do need to have a reasonable level of mobility. Being able to climb steps, jump a foot off the ground and climb over obstacles, such as fences unaided, would be a good example of the mobility needed. If you have any doubt about your fitness/mobility to participate, please contact hilary.long@genesistrust.org.uk or the organiser Dave Talbot - info@davetalbot.net

If you have any further questions about the event or fundraising please contact Hilary Long on 01225 463549 or email hilary.long@genesistrust.org.uk

If you would like to see some photos, reviews and testimonials from previous abseil events run by Dave Talbot Adventure Events, please visit <http://davetalbot.net> for inspiration!